

## The Mission of the National Autism Academy

### Our mission is to:

- Encourage, educate and support the parents, families, professionals and teachers who work with those on the autism spectrum for the purpose of increasing understanding, effectiveness, and the best outcomes for all.
- Create greater awareness, acceptance, understanding, accommodation of those with ASD in the general public.
- Address and create solutions that resolve long-term issues facing the global community around autism.

## We Believe Statement

### The National Autism Academy Champions these beliefs:

- The education and understanding of those around the person with autism is the solution to the growing autism challenges faced in the world at large.
- Autism affects every member of the family.
- The key to success in working with someone with autism is focusing on building the individuals strengths and offering support where needed; this requires a deep understanding of how individuals with ASD process, record, and view the world around them.
- An individual with autism (*and the way they think*) is not sick, broken, wrong or bad. They process the world in a different way than those who are neuro-typical, and when we judge them by traditional standards, we all lose.
- The world needs to meet individuals on the autism spectrum part way wherever possible. Demanding that an individual with ASD figure out how to “fit in” to a social environment without regard for their differences is a dis-service to the individual.
- Individuals with autism are able to live full and productive lives to the same degree that they would if they were not on the autism spectrum.

## I have autism.

### Even though I look like the others, please remember these things about me:

- *I don't get up in the morning and decide to have a bad day.*
- *I have a social disability, so I might tell you I understand, even when I don't, because then you will leave me alone.*
- *I might tell you what I think you want to hear because I don't want to get yelled at again.*
- *I get so frustrated that nothing ever goes the way I want it to go.*
- *I might not be able to get past a question until I get an answer.*
- *I don't usually have the ability to project the outcomes of my actions.*
- *Some days I just can't deal with everything.*
- *I don't generalize concepts very well. Every situation feels new.*
- *Sometimes I get so confused.*
- *I feel all the same stuff as other kids.*
- *Doing things because they are the “right” thing to do doesn't make sense to me, I need a reason that makes sense to me.*
- *I don't understand social language, body language, or pragmatic language. I miss social cues that everyone else can see.*
- *I don't read your mind. If you want me to know something you have to tell me explicitly.*
- *I can't really think when I am overwhelmed, and it is better to help me regulate and not talk to me until I am ready.*
- *I don't know how to get other kids to play with me.*
- *I don't understand the influence of context on a situation.*
- *I feel anger more than I feel any other feelings.*
- *I may need more time to think about what you are saying and change my mind – sometimes I just get stuck.*
- *I see the world in black and white, the shades of gray elude me.*
- *The problems I am having are not my fault, I am trying as hard as I can.*
- *My problems are not an indicator that I have a bad character, they are part of my autism.*



NATIONAL  
AUTISM  
ACADEMY

Learn to support a child with ASD  
[www.NationalAutismAcademy.com](http://www.NationalAutismAcademy.com)  
1.800.266.7013  
[Jeanne@nationalautismacademy.com](mailto:Jeanne@nationalautismacademy.com)

Discover the  
*Awesome in*  
Autism!

## There is So Much Hope for the Future of our Kids with ASD!



Every child with autism deserves to reach their potential. And we at The National Autism Academy are determined to make that come true.

*Autism is not a disease, not mental illness, not an issue of character. Individuals on the Autism Spectrum are not sick, bad, broken or wrong. Their behavior is not because they are lazy, spoiled, or parented poorly. They simply process the world differently. By learning how people with ASD experience the world, we can bring an understanding powerful enough to make a difference in their lives.*

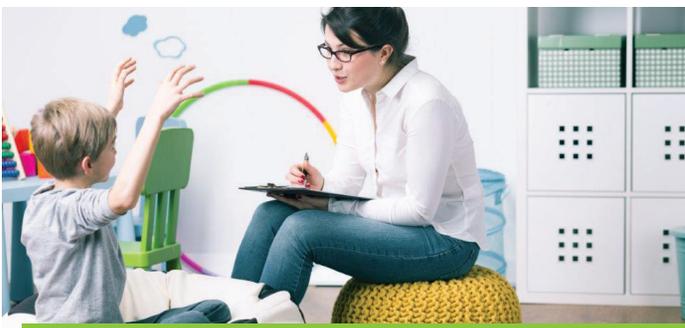
Together we can change the paradigm from DISability to DIFability!

[www.NationalAutismAcademy.com](http://www.NationalAutismAcademy.com)



**Early intervention is known to support individuals with an ASD diagnosis in living their best lives.**

Consistent strategies proven to be effective can make life on the autism spectrum easier for everyone – child and family alike. We provide manageable solutions that help the child succeed today while supporting their development long-term. That’s because we know that it can be overwhelming to try to navigate all that’s involved - how to more effectively connect with the child, manage the need for support, improve cooperation and increase the child’s ability to succeed in day to day life. But there are workable solutions . . . **and you don’t have to do it alone.**



**Finding the right support is important!**

Unfortunately, there is still a huge gap in the education level and knowledge of both the general public and many professionals who come in contact with individuals with ASD. Choosing the right support is a game-changer; deep understanding and experience of how autism influences life success will make an immediate difference in helping each individual with ASD be more comfortable in their own skin and more successful in life! Without it, a parent or therapeutic provider cannot advocate as powerfully, and will probably miss important signals that compromise the individuals long-term welfare or their ability to reach their potential!

# What Kind of Solutions?

## National Autism Academy Online Trainings

### Parent Training - Solutions Made Simple for Successful Autism Parenting – Step by Step Guided Support.

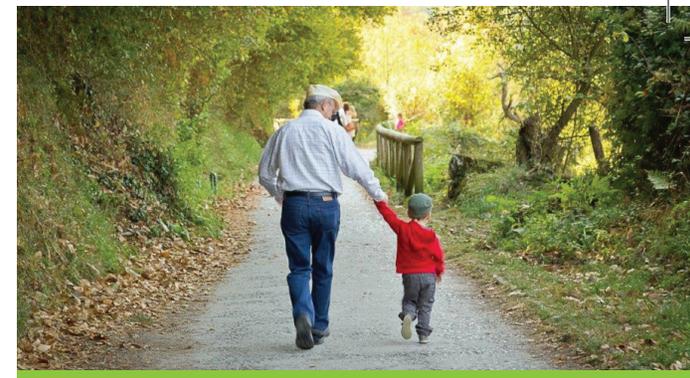
Get relief from the most common doubts and the confusion parents have when a child has ASD. Gain greater understanding of how autism impacts your child while getting simple tools, tactics and techniques to make your life easier. Find real solutions to shift your interactions today and change the results you get now and in the future. Move to greater functionality and independence for your child while gaining confidence and clarity with greater ease.

### Professional Training - Training for Professionals Serving ASD Clients and Their Families.

Make a difference in the lives of your clients with autism with clinically proven methods! Adapt your special style of therapy with strategies that are evidence based and clinically proven to accelerate change and make it lasting! Certification and CE hours are available.

### Teacher’s Training - Autism in The Classroom.

Make a difference in the lives of your students with clinically proven methods! Adapt your unique teaching style with classroom strategies that are proven to support a happier and more effective classroom for the student with ASD, their classmates and you! CE hours are available.



### Grandparent Training - 20 Ways to Create Connection with your Autistic Grandchild.

As a grandparent, you stand in a powerful position to contribute so much to the success of your grandchild and their parents. And there’s a way to bring those contributions more to the forefront. This training provides great insight and understanding into some of the key aspects about autism and the family. It offers a clear path for grandparents to follow to up-level the ways they make a difference. Filled with tools, techniques and strategies, this short training will guide you through uncovering more ways to be a positive support – to both parent and grandchild – so they can experience more consistent progress, more family cohesiveness, and more happiness throughout their life.

### General Training - Concepts with Confidence.

Looking for workable solutions that really help you support a child with ASD while gaining greater cooperation, increased ability to function independently, and greater ease for everyone, without the pain of having to travel outside the home?

Want proven strategies to help increase cooperative behaviors, create easier connection, and provide new levels of independence without the frustration of trying to figure it out on your own or the chance you will miss out on the latest findings proven to help?



Stay on top of current findings, keep in tune with proven solutions and get the benefit of the insights and experience of some of the nation’s leading autism clinical experts addressing every area of life – from preschool to transition to adulthood. This is a monthly subscription-based program, and has the option to add a weekly live call for support.

**Sign up today at [www.NationalAutismAcademy.com](http://www.NationalAutismAcademy.com)!**